



# 'Sublime Stitches' Aida Page 1

**Design Area:** 16.07 x 29.57 inches worked on 14 count AIDA  
225 x 414 stitches

**Material:** Minimum size - 26 x 40 inches to allow for embroidery frame and mounting  
**Suggested fabric:** Zweigart 14 count Aida, white, antique white or cream

The sample was worked on Zweigart 14 count Aida, white  
Over dyed or space dyed fabrics may detract from the design - select carefully!

Page 1 Work across from 1 - 3	Page 2	Page 3
Page 4 Work across from 4 - 6	Page 5	Page 6
Page 7 Work across from 7 - 9	Page 8	Page 9
Page 10 Work across from 10 - 12	Page 11	Page 12

There are 12 pages of patterns. One page will be placed in 'Freebies' in Blackwork Journey every month. Each pattern or group of patterns have their: **Individual numbers, Technique, Threads and beads used, Chart, Picture and Method.**

Each month join a printout of the chart to the one before. The final chart will consist of 12 pages arranged in the order as shown above.

Please follow the main chart carefully to place and work the different patterns. The embroidery may differ slightly. Where patterns overlap between the pages do not start the pattern. The part patterns are there to help in the placing of the design. As additional pages are added the part patterns will be complete.

Do not add beads to the design until all 12 pages have been worked.

The sample was worked in DMC and Anchor floss in four shades including DMC 310 as the base colour.

Cross stitch is worked in TWO strands over two threads, back stitch is worked in ONE strand over two threads unless the pattern instructions state otherwise.

## Threads used:



DMC 310 Black, three skeins  
Anchor 1206 variegated, or DMC 815 Garnet, three skeins  
DMC 415 Pearl grey, one skein  
DMC 414 Steel grey, one skein

### Metallic threads used:

Rainbow Gallery Petite Treasure Braid PB01, one card or DMC Lights Effects E3852 Dark Gold, one skein  
DMC Lights Effects E317

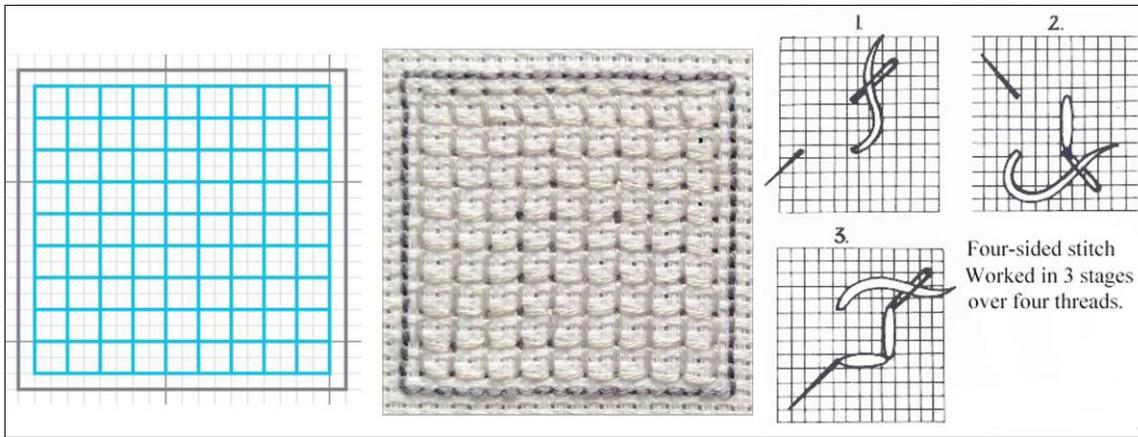
**DMC 996 electric blue is used on the chart to show ONE strand of 415 and ONE strand 414 together to make two strands for pulled thread work stitches.**

*DMC Precious metal threads and Rainbow Gallery Petite Treasure Braid PB01*

## Beads used:

Mill Hill Glass Beads 557 Gold or 2011 Victorian Gold, one packet Size 11 (2.5mm)





*Four-sided stitch can be used as single lines or as a filler.*

**Method:**

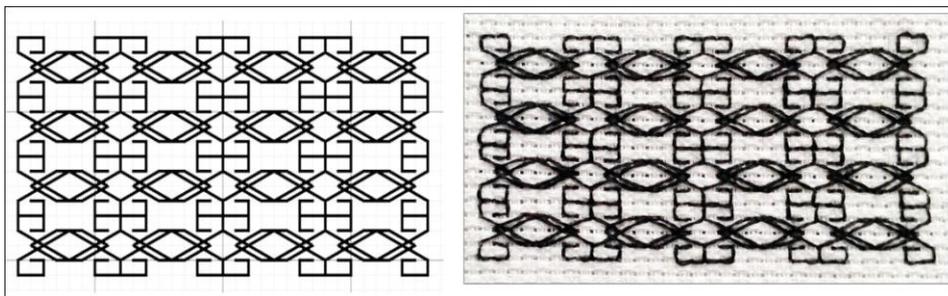
This consists of 3 straight stitches, to form the end, the middle and the top of the 'square'. Work from right to left over 4 threads. Always put the needle in at one corner and come out at the opposite one. Follow diagrams 1-3. Row 2, turn the work 180 degrees and work the second row in the same way as Row 1. Do not 'pull' the threads. The rows of four-sided stitch are worked backwards and forwards until the space is filled.

**Pattern 3 Wrought Ironwork**

Technique: Blackwork

Threads: DMC 310

Stitches used: Back stitch, one strand



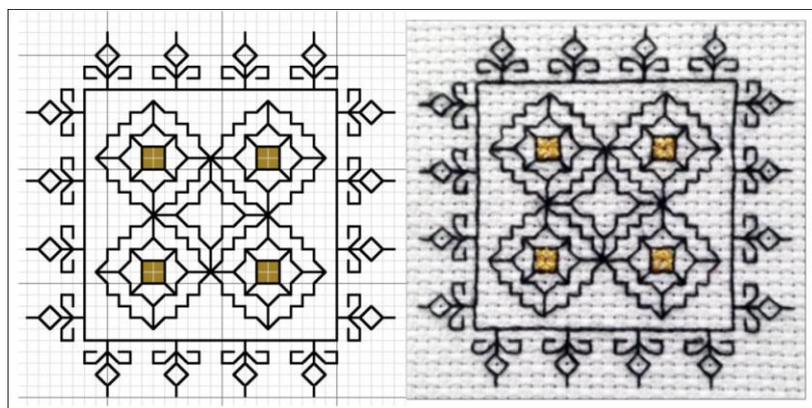
**Method:**

Work the rows of blackwork from side to side using one strand of floss. Turn the work at the end of each row.

**Pattern 4 Bordered Motif**

Technique: Blackwork

Threads: DMC 310, metallic gold



**Stitches used:**

Back stitch, one strand DMC 310, cross stitch - metallic gold

**Method:**

Position carefully underneath Pattern 1 'A is for Alphabet' Start from the centre of the motif working outwards using gold metallic for the cross stitch and one strand of floss for the back stitch.

**Pattern 5 Flower Motifs**

Technique:

Blackwork

Threads: DMC 310, Anchor 1206

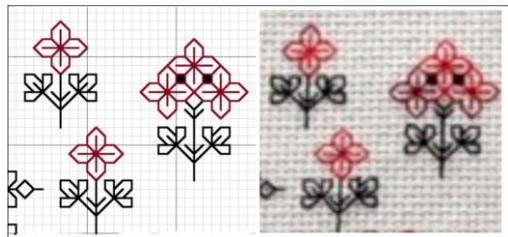
Stitches used:

Back stitch, cross stitch

Method:

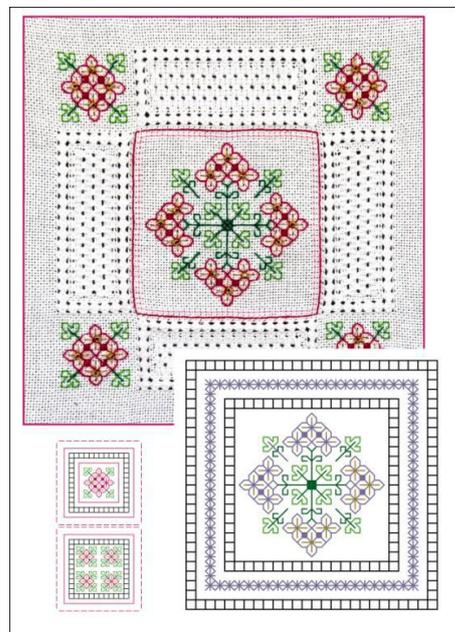
Work the flowers in one strand of floss for the back stitch and two strands of floss for the cross stitch.

Do not add beads at this stage.



*Pattern 5 Flower motifs can be worked in a row to create a border or joined together to create a bouquet.*

*PR0027 Rebekah*



### Pattern 6 Snails

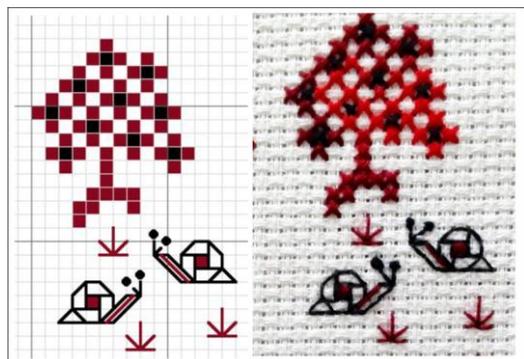
Technique: Blackwork and Cross stitch

Threads: DMC 310, Anchor 1206

Stitches used: Back stitch, one strand, cross stitch two strands

Method:

Work the cross stitch tree and position the snails under the tree. Work the shells in back stitch, one strand and the bodies in cross stitch. Outline with back stitch.



*Pattern 6 Snails*

Why snails?

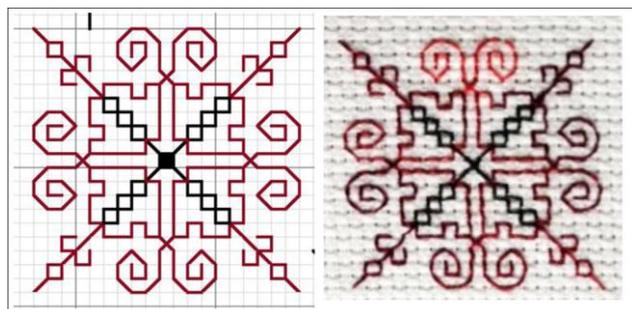
When my daughter was a little girl she loved snails so I added a snail to my embroidery. Now she has a daughter of her own I now add two snails - Ruth and Molly!

### Pattern 7 Square motif

Technique: Blackwork and Cross stitch

Threads: DMC 310, Anchor 1206 - may be worked in one colour

Stitches used: Back stitch, cross stitch



Method:

Start from the centre of the design and work outwards using one strand of floss for the back stitch and two strands for the cross stitch.

## Patterns 8 and 9

Technique: Blackwork

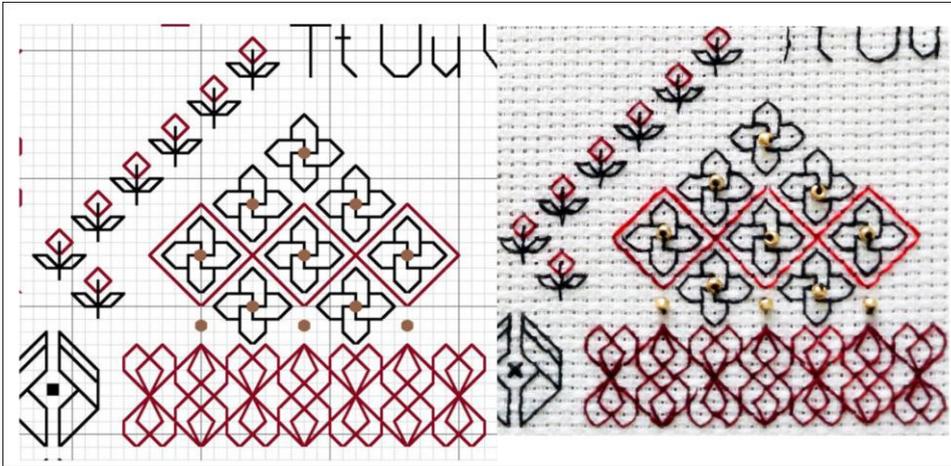
Threads: DMC 310, Anchor 1206

Stitches used: Back stitch

Beads: MHG 557

Method:

Start from the centre of the design and work outwards using one strand of floss for the back stitch. Position the mini flowers carefully.



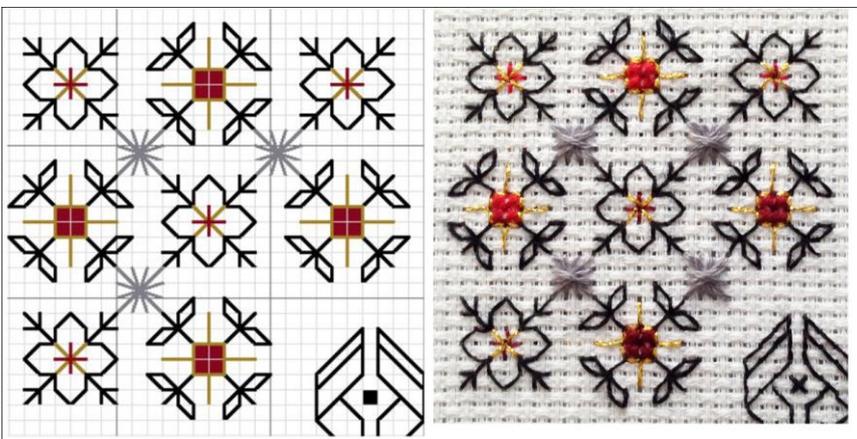
*Beads are optional but they can add texture and interest!*

## Pattern 10 Combination

Technique: Blackwork and Embroidery

Threads: DMC 310, Anchor 1206, DMC 414, DMC 415 combined, gold metallic

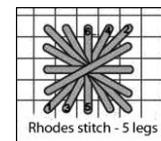
Stitches used: Back stitch one strand, Rhodes stitch 5 legs



Method:

Work the blackwork flowers and leaves first. Add the cross stitch, metallic stitches and back stitch.

Work the Rhodes stitch following the diagram in DMC 414/415 combined,



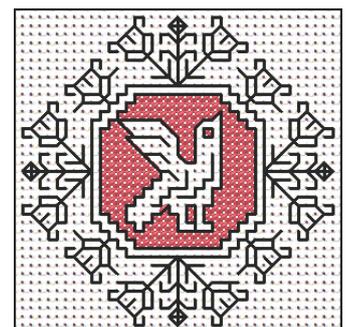
## Pattern 11, Pattern 12 Assisi Block and border

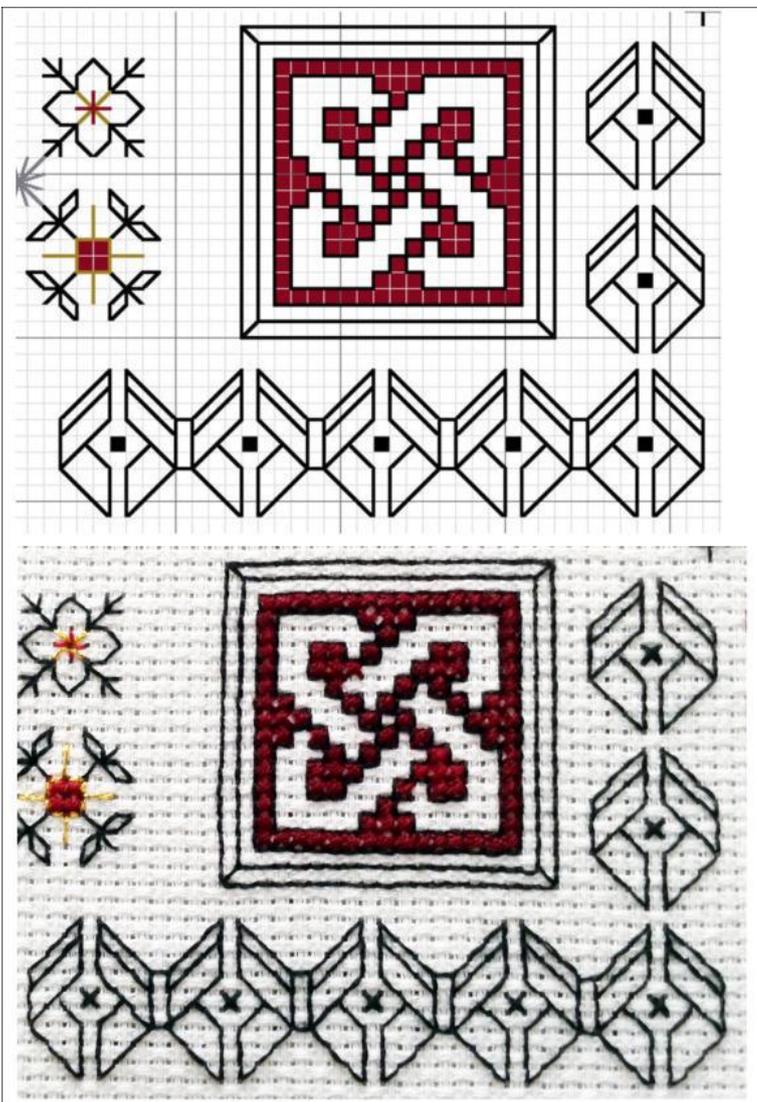
**Assisi embroidery** is a form of counted thread embroidery based on an ancient Italian needlework tradition in which the background is filled with embroidery stitches and the main motifs are outlined but not stitched. The name is derived from the Italian town of Assisi where the modern form of the craft originated.

Technique: Assisi

Threads: DMC 310, Anchor 1206

Stitches used: Cross stitch, two strands Back stitch, one strand.





Method:

Use two strands of DMC 4518 and cross stitch to create the motif.  
 Once the cross stitch has been completed, work round the pattern areas in back stitch using one strand of DMC 310.  
 Work two back stitch squares round the pattern in DMC 310.

**Assisi Framework**

The Assisi block is surrounded by a blackwork frame.

Technique: Blackwork

Threads: DMC 310, one strand

Stitches used: Back stitch, cross stitch

*The border can be used to make a picture frame*

Method:

Work the border in one strand of DMC 310.

**Pattern 13 Butterfly**

There are two similar butterflies in this design.

Technique Cross stitch, eyelet stitch

Threads: DMC 310, Gold Metallic

Stitches used: Cross stitch, two strands

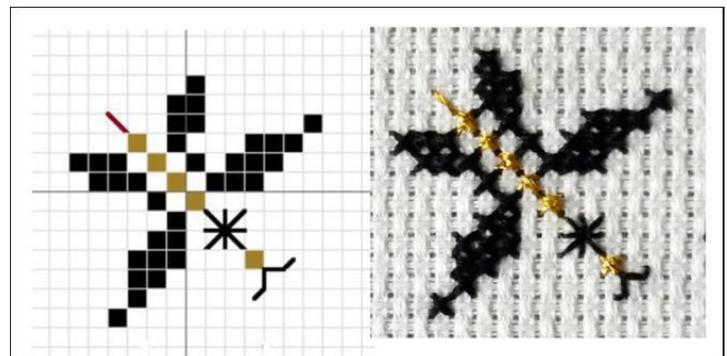
Method

Body - Work the five Smyrna crosses in metallic gold

Head - Eyelet stitch one strand DMC 310 only

Feelers - DMC 310 one strand only.

Work the wings in two strands of DMC 310.



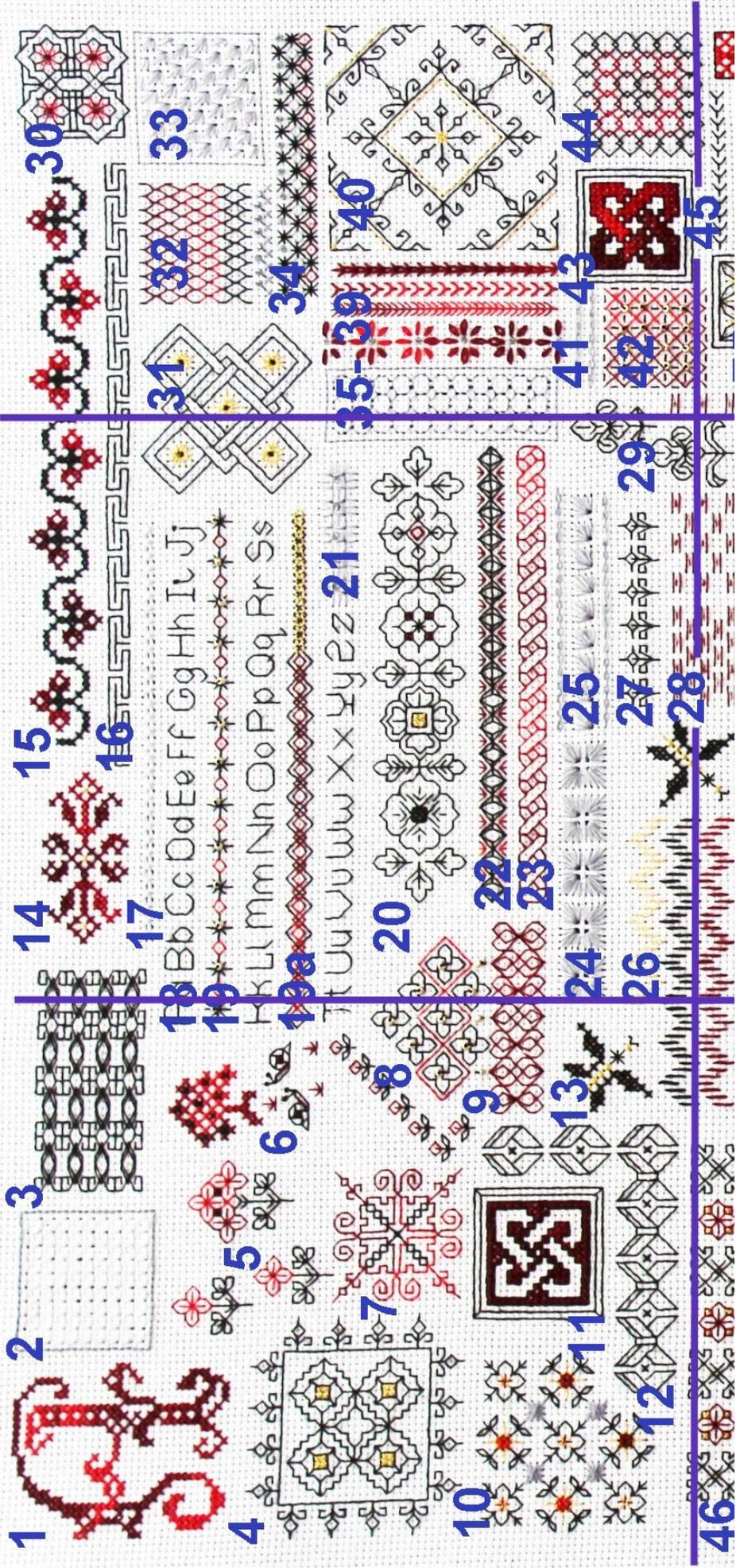
This completes the 13 patterns on Page 1.

Page 2 will follow in 'Freebies' next month.

Happy stitching,

*Liz*





'Sublime Stitches' consist of 12 numbered pages which joined together complete the Master Chart

**'Sublime Stitches' Aida  
Pages 1 - 3 Patterns 1 - 45**

To help position the patterns correctly on the fabric and to see how they relate to each other look carefully at the embroidery.

If only a small part of a pattern is shown on one page leave it until the following month and work the pattern as a whole.

